

PARTICIPANT GUIDE



8HOURDREAM.COM

PACKET PICKUP

Friday, July 12

4 – 6 p.m. Eastern

Fleet Feet Broadripple, 1079 Broad Ripple Avenue,
Indianapolis

Saturday, July 13

8 – 9:50 a.m. Eastern

Butler University, outside of Hinkle Fieldhouse, 510 W 49th St,
Indianapolis

Yes! A friend can pick up your packet; no ID required.

Yes! You can pick up your team's packets.

Yes! Tent spots/locations will be available at packet pickup.

All teams must submit a **team roster** during packet pickup.
The roster will also serve as the running order for the day.
Roster forms must be submitted before 10 a.m. on race day.

RACE DAY SCHEDULE

Saturday, July 13

7:30 a.m.	Tent village opens
8 – 9:50 a.m.	Packet pickup and team check-in
9:50 a.m.	Opening ceremony
10 a.m.	8-Hour Dream race begins
10 a.m.	Cat Nap 5K race begins
5:30 p.m.	8-Hour Dream party begins – live band, food and beer garden
6 p.m.	8-Hour Dream race ends
7 p.m.	Awards ceremony

All times local/Eastern.

Free parking is available in the Hinkle Fieldhouse parking lot at [510 W 49th St, Indianapolis.](#)

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AWARDS

SOLO finishers receive a belt buckle; TEAM finishers receive a custom medal. All SOLO finishers completing 26.2 miles or more will receive a trucker hat in addition to the belt buckle.

SOLO

Cash purse: \$300 first, \$200 second, \$100 third.

TEAM

Prizes awarded to the overall male, female and coed teams regardless of team size (meaning a 4-person team can win overall). Team prizes will only awarded for the overall competition. There will not be team awards in each of the team size categories (i.e. 2-person, 3-4 person, 5-6 person).

RC CUP and FC CUP

Finishers receive a custom medal. Winning team keeps the RC Cup or FC Cup trophy for one year!

RESULTS

Live results will be available at the timing tent on race day. Visit 8HourDream.com for post-event results.

COURSE RECORDS

Overall SOLO: 53.58 miles, Bibo Gao (2023)

Visit 8HourDream.com/records for all current course records.

PHOTOS

Event photos will be available post-event at 8HourDream.com.

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SHOWERS AND RESTROOMS

Showers and restrooms are available all day for participants inside Butler's Health and Recreation Complex. Please bring your own towel. Participants are NOT permitted to use the pool, weights or cardio equipment. Thank you for your cooperation!

SEVERE WEATHER POLICY

We are a rain-heat-or-shine event. If lightning and/or heavy wind moves into the area, we will halt the event until the storm passes.

- If weather approaches, we will pause scoring to prepare and seek shelter. All runners will have to stop after they finish their lap. All canopies/tents will be lowered for safety and participants will be required to move into the HRC or Hinkle Fieldhouse.
- Once the weather passes, we will restart the event but we will NOT restart the clock as the clock will continue to run during the weather delay. Therefore if the weather causes a 40 minute pause, the event now becomes a 7 hour and 20 minute race.

COURSE INFO

The race utilizes a 3.11 mile long course and an abbreviated 1.89 mile short course.

You may choose to run either loop as many times as you wish, and change to the other loop as it suits you.

For runners aiming to complete marathon distance (26.2 miles):

- 8 long + 1 short = 26.7 miles
- 6 long + 4 short = 26.2 miles

There will be a fully stocked aid station at the start/finish (aka "Tent Village"), as well as two water stations along the course.

For more info, visit 8HourDream.com/maps.

COURSE MAP



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COMPETITION RULES OVERVIEW

All TEAMS and SOLOS must run the first lap on the long course, making the first lap at 10 a.m. a 5K for everyone.

Scoring will be determined by the number of laps FINISHED. When the race clock hits 8:00 hours, the race will officially end.

A long course timing mat will be placed at the turnaround point on the Towpath. If you do not cross this mat, your distance for the lap will automatically be recorded as the short course distance.

Yes, you MUST traverse Bulldog's Revenge on every loop!

All teams must submit a team roster during packet pickup. The roster will also serve as the running order for the day. Roster forms must be submitted before 10 a.m. on race day.

For all rules, visit 8HourDream.com/race-overview.

THANK YOU PARTNERS & VOLUNTEERS!

This event couldn't happen without our partners and volunteers! Thank you for your support!

ASSOCIATE



SUPPORTERS



Official Medical Partner



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